## Training Chess

| Sit in 5 different locations | Practice a down/stay | Hold any position on an object (sit on a bench) | Practice doorway manners | Spend 15 min teaching your pup (anything) | 3 cues while marching in place | Send to crate or boundary from another room | 6 behaviors / cues in a row |
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| Attend a class | LLW past a distraction | Play an 'arousal up/arousal down' game | Walk across an unusual surface (safely!) | Handler's choice! | Practice a polite greeting | $\begin{gathered} \text { Dog settles } \\ \text { on a } \\ \text { boundary - } 20 \\ \text { min } \end{gathered}$ | Dog retrieves an unusual item on cue |
| Send to mark | Stand (or sit) in a box or basket | LLW with attention for 30 sec- 5 x | Go for a sniff walk | Blind Spot circles (both sit and down) | Play an 'engage/ disengage' game | Down in 3 different locations | Play 'cardboard chaos' |
| Practice cues at a distance (10 feet) | Paws up-4 different objects | Practice a 'finish' in both directions | Directional send out | Practice a sit/stay | Practice a Go Around | Play the 'I choose you' game | Practice <br> Figure 8 <br> Walking |
| Practice ignoring a distraction | Scatter feed a meal | Blind spot circles (dog holds a 'stand') | Create and walk a 'balance path' | Teach a trick | Walk past an lion | Set a training goal | Brush your dog |
| Perform a directional retrieve | Lure your dog between, over, around your legs | Practice <br>  <br> 'Leave it' | 15 succesful <br> recalls <br> throughout the day | Show 3 skills using the same prop | Practice a moving down | Play 'find it' (food, toy, or nosework scent) | Teach a new cue |
| Go for a 'car ride to nowhere' | Practice handling feet, ears, mouth, tail | Practice verbal only cues | Play catch with a flamingo | Recall past distractions (food \& toys) | Practice off side heeling 20 steps | Keep your dog on leash with you inside for 1 hour | Practice leashing up manners |
| Practice a 'front' | Practice <br> walking <br> through <br> cavaletti | Demonstrate a sport of your choice | Practice an interrupted cue |  | Practice physical (hand) only cues | Practice focusing around another animal | Practice a stand/stay |

In dog training - sometimes we advance, sometimes we take a step back. Sometimes the unexpected happens. It's rarely a straight line from planning to goals. We have to look ahead, stay flexible and always be ready to adapt our plan. Strategy is as much a part of training as anything else!


Pin this board to your fridge. Use a magnet to mark your position. In order to 'claim' the square, you must perform the skill listed. Set your dog up for success and look ahead. If you've gotten yourself stuck - just move backwards and get unstuck. Its always okay to take a step back and fix your situation! Sometimes the impossible can be overcome with a little creativity. Think outside the box. Capture the king by moving onto that square. You don't have to capture the king in a day! Take your time.

Checkmate gets a plaque!

