

POLITE GREETINGS

[November 10, 2016](#) ·

Training tip Tues...er..Thursday! Polite Greetings

One of the most frequent questions we get is 'how do i stop my dog from jumping on guests?' Here's a quick and easy game to play to teach your pup what you expect. Your dog should have a basic understanding of sit, and you'll need a helper or two.

"Four on the Floor"

To Begin:

* Get your pup focused on you. Engage him, play with him, and ask for a few "Sits". Remember to Praise!

* Have your assistant approach and stop about 6 ft away. If your dog is still calm - continue. If he's getting excited, stop and get him refocused on you.

* Have your assistant call your dog to them calmly and cue the sit

* If your dog jumps up, your assistant should turn away and ignore the dog (No touching, no speaking, no eye contact!)

* As soon as the dog gets all four paws on the floor, the assistant should cue the sit

* When the dog sits - the assistant treats and praises lavishly!

* After about 3 seconds, call your dog back to you

Repeat this process with as many people as you can find! Helper calls the dog, dog sits, dog gets attention. Repeat over and over until you have conditioned your dog that the sight of a new person means sit for petting! If you have a group, stand in a circle and take turns calling the dog, asking for the sit, and petting only when he's sitting.

Your dog will quickly learn that Four on the Floor gets acknowledgment, and sitting politely gets attention and praise!

What it looks like after you've practiced:

<https://youtu.be/L-xycC7kzRM?list=PLhrxmoB8-xDmeF23k7yPEROS2NBfVXqJD>